



Our Story Our Kitchen

Deli Food is simple food from Eastern Europe, Lithuania, Russia and Hungary. Many deli items were developed out of necessity as Jews migrated from country to country.

Up until a few decades ago, the kitchen was the centre of the Jewish home.

It is where you would always find your mother.

Coming home from school, the kitchen and the stove is where it began.

The wonderful aromas would hit you as you walked through the front door.

"You must be hungry", "Try this", "Try that" were all too familiar shouts as we walked into the kitchen.

Both of us were so fortunate to have grown up in families where food, entertaining and hospitality played a major role in our upbringing.

We would watch our mothers as they prepared daily and holiday meals.

For years our family homes have hosted many friends, family, visitors and students from away.

NOW is our time to share family recipes and hospitality with YOU !



Welcome to our kitchen!
~Sybil & Victor

Follow Us on Twitter:
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All The Time Breakfast

Smoked Meat or Corned Beef Hash 12.99

Smoked meat or corned beef, mixed together with potato hash and caramelized onions, topped with an egg, served with challah or rye toast

Lox and Eggs 12.99

Smoked salmon scrambled with onions, eggs, served with rye or challah toast and latke

Uncle Nate's 13.99

Hebrew National all beef dog, beans, potato hash and caramelized onions, served with 2 eggs, and challah or rye toast

Mish Mash Hash 14.99

Corned beef, smoked meat, all-beef salami mixed together with potato hash and caramelized onions, topped with an egg, served with challah or rye toast

Beef Bacon & Eggs 12.99

Smoked beef bacon, potato hash and caramelized onions, 2 eggs, served with challah or rye toast

Oy Vey! Not So Hungry... 8.99

Two eggs, bisel of potato hash, caramelized onions, served with challah or rye toast

Smoked Meat or Corned Beef or Salami & Eggs 12.99

All beef salami, Montreal smoked meat or Corned beef, scrambled with onions, eggs, served with challah or rye toast and Latke

Victor's Big Breakfast 13.99

Three eggs, smoked meat, corned beef, salami with challah or rye toast, potato latke or potato hash and caramelized onions

Lauren's Lox, Stock & Bagel Platter 15.99

Smoked salmon, toasted Montreal bagel, cream cheese, capers, red onion, cucumber and tomato

Sybil's Lox Shmear Platter 10.99

Smoked salmon, green onion and cream cheese mixed together and served with a toasted Montreal bagel, cucumber & tomato

Steak and Eggs 16.99

6 oz. ribeye, 2 eggs, potato hash and caramelized onions, served with challah or rye toast

Grilled Salmon Cakes 13.99

The best salmon cakes, 2 eggs, potato hash with caramelized onions served with rye toast and house tartar

Breakfast Sides

2 Eggs **3.99**

Challah or rye toast **3.59**

Toasted Montreal Bagel with cream cheese **5.59**

Lox shmear **6.99**

Grilled salami or corned beef or smoked meat **7.99**

Potato hash **5.99**

Latkes (3) with apple sauce & sour cream **7.99**

Extra egg added to any egg breakfast **1.99**

Sliced Smoked Salmon **8.99**

Beans **3.99**

Smoked Beef Bacon **5.99**

Sliced Tomato, Onions or Cukes **2.99**

Soups

Vegetable Split Pea 6.99

Thick and full of flavor add a matzah ball **2.99**

Mushroom Barley 6.99

Chicken Matzah Ball 7.99

Jewish penicillin made with an old bird for flavor

Sweet and Sour Cabbage Borscht 7.99

Old world recipe with flanken

Chicken Soup Pot 13.99

Large serving of chicken soup, matzah ball, chicken and egg noodles

Smoked Meat Chile 9.99

Nothing more to say!

Extra matzah ball **2.99**

BRUNCH & MUNCH!
BRUNCH SPECIALS
SATURDAY & SUNDAY &
HOLIDAYS
FAMOUS DELI BENNY

try it...
you'll love it!
Homemade NY Cheesecake
Old Fashion Milkshakes

*1/2 Corned Beef
or
Smoked Meat
Sandwich
and soup or
house salad
\$ 11.99*

Ask About Our
Private Parties!

Salads

Julienne 12.99

Lettuce, tomato, onions with hard boiled egg, jullienned chicken, salami, cheese and served with house honey mustard dressing

House Tossed Salad 6.99

Greens with veg and our garlic house dressing Add a scoop of egg or white tuna salad **4.99**

Three Scoop 11.99

Egg, white tuna or potato salad; you pick your three scoops on a bed of lettuce, sliced tomato and cukes served with a toasted bagel

Deli Caesar 9.99

Crisp romaine, house made garlicky dressing and better than bacon: crisp smoked meat gribenes with house croutons add chicken **4.99**

Well Hello Deli

All served with house - cut fries, cole slaw and kosher sour dill pickle spear.
Substitute fries for potato salad or potato hash **1.99** or house salad **2.99**

Smoked Meat

Hand cut, piled high on Montreal rye **13.99**

Reuven's Reuben

15.99

Piled smoked meat, sauerkraut, melted Swiss on grilled rye, with Russian dressing

Corned Beef

Hand cut, piled high on Montreal rye **13.99**

All Beef Salami

12.99

Cold or grilled, piled high on Montreal rye

Deli Mixed Grill

15.99

Assorted deli meat grilled and piled high on a grilled onion bun or rye & topped with cole slaw

Fresser's Platter

25.99

Lb. of corned beef, smoked meat or all beef salami, or all three, stack of rye, pickles, house slaw and fries

Smoked Turkey

13.59

Piled on Montreal rye with house honey mustard, lettuce and red onion

Deli Supreme

15.99

Corned beef, smoked meat and Swiss on Montreal rye

UnDeli Sandwiches

All served with house - cut fries

Substitute fries for potato salad or potato hash **1.99** or house salad **2.99**

Triple Decker

13.99

Like a club only with egg and tuna salad, cucumber, lettuce, tomato and red onion

Bubbe Bella's Sandwich

12.99

Bella's sandwiches are served on challah toast or onion bun & piled high with egg or tuna salad, lettuce, cucumber, tomato and red onion

Grilled Cheese

8.99

With heavy duty cheese on challah toast

Grilled Cheese Deluxe

11.99

Our grilled cheese with smoked meat or corned beef or salami and tomato

Tuna Melt

12.99

A Montreal bagel loaded with white tuna and smothered with Swiss

Smoked Meat Club

14.99

Smoked meat, lettuce, real chicken, and tomato on challah

BBLT&C

13.99

Our special smoked beef bacon, lettuce, tomato and cheese with mayo on toasted challah

FAVORITES

Hali Dog Hebrew National **10.99**

Quarter pound all-beef hot dog, smothered with sauerkraut, caramelized onions, hot pepper relish and melted Swiss

Hali Burger

16.99

Half pound house patty topped with potato latke, smoked meat, hot pepper relish, lettuce, tomato & red onion

Max's Meaty Cheesy, Greasy, Gravy Fries

House cut fries topped with mixed deli meats, cheese and house gravy **12.99**

Loaded Latkes

12.99

Three crisp latkes topped with chili & swiss or smoked meat gribenes, green onions, diced tomato and sour cream

Deli Fish & Chips

9.99

Crisp rice floured haddock with house tartar Extra piece **3.99**

The Best Salmon Burger

13.99

Our own recipe with two patties, house tartar, lettuce & slab of red onion on a grilled onion bun & fries

Philly Steak Sandwich

15.99

grilled sirloin, topped with peppers & mushrooms in a toasted seeded bun and loaded with cream cheese

Hot Brisket Sandwich

16.99

Mounds of brisket between two slices of challah, smothered with house gravy

Liver and Onions

12.99

Pan fried tender liver smothered with onions and house gravy

Aunt Lil's Sweet & Sour Cabbage Balls

Like a cabbage roll, only meatballs with cabbage in a Hungarian sweet and sour sauce **14.59**

Nosh, Nosh & Nosh

Sweet Kugel **4.59**

Kosher Sour Dill **1.99**

Cole Slaw **3.99**

Elliot's Tzimmus **3.99**

Potato Knish **2.99**

Kasha Varnishkes **5.99**

House Cut Fries **5.99**

Gravy **1.99**

Sybil's Potato Salad **5.99**

Deep Fried Pickles **8.99**



"A deli experience is kind of like home, only the food is better."

Deli Food Dictionary

Rye Bread: Percentages of flour from rye grain can contain caraway seeds and has a slight crispness.

Borscht: Eastern and Central European soup that can have beet or tomato as it's main base. Ours is a tomato cabbage borscht.

Bagel: A bread product, traditionally shaped by hand into the form of a ring from yeasted wheat dough, roughly hand-sized, which is first boiled for a short time in water and then baked.

Potato Knish: Round or square flaky pastry dough filled with oniony mashed potato.

Matza Ball: Jewish soup dumpling made from a mixture of matzah meal, egg, oil and water served in soup.

Schmaltz: Rendered chicken fat used for frying or as a spread on bread in Ashkenazi Jewish cuisine.

Tzimmes: Traditional slow cooked sweet carrots flavored with sugar or honey.

Blintz: Thin crepe filled with ricotta and sweet cheeses, pan fried and usually served with strawberry and sour cream.

Potato Latke: Thin fried pancakes of grated or ground potato, flour and egg, often flavored with grated onion and served with sour cream.

Half Sour Pickle: Crisp pickled cucumber that is not fully pickled.

Challah: Traditional braided bread made of eggs, sugar, yeast and fine white flour.

Fresser: To wolf down. What a fresser! Is like, What an appetite!

Kasha Varnishkes: buckwheat groats with noodles, typically with farfalle and usually flavored with fried onions and chicken or beef stock.

Lox: Salmon fillet that has been cured and thinly sliced.

Sweet Kugel: Baked sweet egg noodle casserole.

Gribenes: Crisp chicken or goose skin cracklings with fried onions. (We use smoked meat).

Yiddish 100

nosh Or nash. To nibble; a light snack, but you won't be light if you don't stop noshing.

shmooze Chat, make small talk, converse about nothing in particular. But at Hollywood parties, guests often shmooze with people they want to impress.

shmaltzy Excessively sentimental, gushing, flattering, over-the-top, corny. This word describes some of Hollywood's most famous films. From shmaltz, which means chicken fat or grease.

bubbe It means Grandmother, and **bobeshi** is the more affectionate form.

yente Female busybody or gossip.

bissel A little, a touch but usually more

chutzpah Nerve, extreme arrogance, brazen presumption. In English, chutzpah often connotes courage or confidence, but among Yiddish speakers, it is not a compliment.

Oy Vey! Oh! Gevalt! Oh no! Expression of dismay, pain, grief: Oy!

baleboste A good homemaker, a woman who's in charge of her home and will make sure you remember it.

mentsh An honorable, decent person, an authentic person, a person who helps you when you need help. Can be a man, woman or child.

schmuck Often used as an insulting word for a self-made fool, but you shouldn't use it in polite company at all, since it refers to male anatomy.

kibbitz In Yiddish, it's spelled kibets, and it's related to the Hebrew "kibbutz" or "collective." But it can also mean verbal joking, which after all is a collective activity.

kvetsh In popular English, kvetch means "complain, whine or fret," but in Yiddish, kvetsh literally means "to press or squeeze," like a wrong-sized shoe. .

Grubba Extra big

